

Ruslip - Northwood Swim Squad
 Results 400m Freestyle
 9th February 2005

Event 1. Girls 400m Freestyle				
The Jagger Cup				
CPB: Zara White 4.37.75 (1999)				
Sarah	Sharp	1996	8.22.90	
Charlotte	Norman	1996	8.04.03	5th
Jenny	Hirst	1996	7.37.33	4th
Fiona	McAndrew	1996	8.11.82	6th
Sarah	Harrington	1997	6.54.54	1st
Kate	Wilson	1996	6.55.56	2nd
Holly	Esson	1996	7.01.19	3rd
Lucy	Crump	1995	8.20.87	
Hattie	Kongaunruan	1995	7.20.28	4th
Chloe	Kearns	1995	7.42.06	5th
Lianne	Griffiths	1994	6.36.26	2nd
Ellie	South	1994	8.09.50	6th
Siobhan	Styles	1995	6.45.78	3rd
Sophie	Masters	1994	6.32.66	1st
<i>Nikki</i>	<i>Motohashi</i>	<i>1994</i>	<i>6.23.33</i>	<i>3rd</i>
<i>Emma</i>	<i>Harrington</i>	<i>1994</i>	<i>5.57.65</i>	<i>1st</i>
<i>Rebecca</i>	<i>Hick</i>	<i>1994</i>	<i>6.07.86</i>	<i>2nd</i>
Kirrily	Spires	1993	7.09.66	
Chloe	Bingham	1993	6.48.47	5th
Jenny	Driver	1993	6.45.34	3rd
Ciara	Luscombe	1993	DNS	
Meera	Kotak	1993	7.26.22	
Tara	Mead	1993	6.24.91	2nd
Tria	Lawrence	1993	7.04.46	
Monica	Ashby	1993	6.45.78	4th
Melissa-Rose	Marsh	1993	6.54.23	6th
Laura	Chandler	1992	DNS	
Olivia	Lawrence	1992	6.00.27	1st
Zahra	Legris	1992	DNS	
<i>Jutikan</i>	<i>Kongaunruan</i>	<i>1993</i>	<i>6.18.53</i>	<i>3rd</i>
<i>Sophie</i>	<i>Wilson</i>	<i>1993</i>	<i>6.05.67</i>	<i>2nd</i>
<i>Laura</i>	<i>Chapman</i>	<i>1993</i>	<i>5.37.38</i>	<i>1st</i>
Lucy	Bowes	1991	DNS	
Abi	Bird	1990	5.11.03	1st
Amy	Keen	1990	5.38.20	2nd
Shannon	Grehan	1989	5.14.15	1st

Event 2. Boys 400m Freestyle				
The Short Trophy				
CPB: Nigel Tse 4.37.16 (2001)				
George	Sadler	1996	7.55.94	2nd
Matt	Condor	1996	6.33.19	1st
Jake	Eve	1994	7.46.44	4th
Oliver	Bailey	1994	7.59.51	5th
Hani	Legris	1994	DNS	
Edward	Walker	1995	6.19.98	2nd
Lucas	Navarro	1995	6.53.82	3rd
Luke	Condor	1994	6.06.84	1st
<i>Lewis</i>	<i>Nuttall</i>	<i>1994</i>	<i>5.16.04</i>	
Michael	Procter	1993	7.03.47	5th
Paul	Norman	1993	7.03.42	4th
Jonathan	Littles	1993	6.09.84	1st
Cameron	Kelly	1993	6.34.04	3rd
Christophe	Clare	1992	DNS	
Joshua	Swallow	1992	6.16.83	2nd
<i>Marco</i>	<i>Navarro</i>	<i>1993</i>	<i>5.38.62</i>	<i>2nd</i>
<i>Russell</i>	<i>Heath</i>	<i>1993</i>	<i>5.15.76</i>	<i>1st</i>
David	Luckham	1991	5.42.22	3rd
Daniel	Bailey	1991	6.27.81	4th
Daniel	Davis	1991	4.52.41	1st
Billy	Riley	1990	4.35.33	2nd
Daniel	Heath	1989	4.52.16	1st
Adam	Harding	1989	5.02.76	2nd
Anthony	Worley	1988	5.03.95	3rd

Cup Winners

Abi Bird
Daniel Heath

Well Done