

Leighton Buzzard Novice Gala 4th December 2004

Event	Age		Max time	Swimmer	Split	Swimmer	Split	Time	PI	
1	G	Open	4 x 25m Freestyle Relay	58	1 Hannah Clarke	17	2 Charlotte Cramer	15.2	1.02.75	1
					3 Lucy Bowes	14.89	4 Alice Goodridge	15.47		
2	B	Open	4 x 25m Freestyle Relay	55	1 Callum Diggins	14.1	2 John Moran	14.8	56.45	2
					3 Rory Russell	12.62	4 Nigel Young	14.32		
3	G	11	50m Freestyle	41.8	Lucy Gordon				41.57	TF
4	B	11	50m Freestyle	43.9	Jake Eve				42.77	TF
5	G	9	25m Backstroke	23	Paige Morgan				24.13	2
6	B	9	25m Backstroke	23	Tom Wood				24.21	1
7	G	9	25m Freestyle	20	Sarah Hammond				21.04	2
8	B	9	25m Freestyle	20	George Sadler				19.29	TF
9	G	13	50m Breaststroke	46	Lauren Munro Hall				50.03	5
10	B	13	50m Breaststroke	44.5	David Luckham				43.45	TF
11	G	Open	50m Freestyle	34.2	Lucy Bowes				33.75	TF
12	B	Open	50m Freestyle	31.2	Nigel Young				32.64	1
13	G	11	4 x 25m Freestyle Relay	1.16.00	1 Lucy Gordon	19.92	2 Isabel Scott	19.08	1.18.41	TF
					3 Sarah Harrington	21.03	4 Heather Gibbons	18.63		
14	B	11	4 x 25m Freestyle Relay	1.18.00	1 Ryan Baker	18.29	2 Ahmed Kenaway	19.8	1.15.26	TF
					3 Ben Shaw	17.59	4 Jake Eve	19.86		
15	G	13	25m Butterfly	19	Lauren Kilby				19.65	3
16	B	13	25m Butterfly	18	Ashley Wood				17.97	TF
17	G	Open	25m Butterfly	16	Alice Goodridge				18.33	4
18	B	Open	25m Butterfly	15	Rory Russell				14.65	TF
19	G	11	25m Butterfly	21	Sarah Harrington				22.52	2
20	B	11	25m Butterfly	21	Ben Shaw				22.28	5
21	G	9	4 x 25m Freestyle Relay	1.20.0	1 Paige Morgan	18.18	2 Fiona McAndrew	22.1	1.20.79	1
					3 Sarah Sharp	18.83	4 Sarah Hammond	20.59		
22	B	9	4 x 25m Freestyle Relay	1.20.0	1 Tom Wood	19.13	2 Yusef Kenaway	25.54	1.28.74	3
					3 Luke Tomkinson	23.64	4 George Sadler	20.32		
23	G	13	50m Backstroke	41.1	Tria Lawrence				43.82	2
24	B	13	50m Backstroke	40.5	James Holdford				41.93	2
25	G	Open	50m Breaststroke	43.2	Charlotte Cramer				44.14	DQ
26	B	Open	50m Breaststroke	38.9	John Moran				42.19	3
27	G	11	50m Backstroke	47.2	Heather Gibbons				49.86	3
28	B	11	50m Backstroke	50.8	Ryan Baker				51.25	2
29	G	13	4 x 25m Freestyle Relay	1.12.00	1 Tria Lawrence	17.13	2 Ciara Nicholau	16.82	1.07.53	TF
					3 Lauren Kilby	16.87	4 Lauren Munro Hall	16.57		
30	B	13	4 x 25m Freestyle Relay	1.12.00	1 David Luckham	14.39	2 Robert Harding	17.87	1.04.57	TF
					3 James Holdford	16.13	4 Ashley Wood	16.12		
31	G	9	25m Breaststroke	25	Fiona McAndrew				28.5	5
32	B	9	25m Breaststroke	25	Luke Tomkinson				26.42	1
33	G	9	25m Freestyle	20	Sarah Sharp				19.99	TF
34	B	9	25m Freestyle	20	Yusef Kenaway				24.44	3
35	G	Open	50m Backstroke	38.7	Hannah Clarke				44.17	3
36	B	Open	50m Backstroke	34.7	Callum Diggins				36.31	3
37	G	11	50m Breaststroke	53.3	Isabel Scott				54.12	4
38	B	11	50m Breaststroke	56.9	Ahmed Kenaway				54.45	TF
39	G	13	50m Freestyle	36.4	Ciara Nicholau				39.94	3
40	B	13	50m Freestyle	35.7	Robert Harding				37.88	2
41		Mixed	8 x 25m Freestyle Squad Relay							
		9	Girl / Boy		1 Paige Morgan	20.82	2 Thomas Wood	19.13	2.19.39	1
		11	Girl / Boy		3 Lucy Gordon	19.21	4 Ben Shaw	17.9		
		13	Girl / Boy		5 Olivia Lawrence	15.38	6 Ashley Wood	16.64		
		Open	Girl / Boy		7 Hannah Clarke	16.17	8 Callum Diggins	14.31		

This was a time banded gala ie swimmers exceeding a given time received no points. RNSS swimmers achieved many PBs, exceeding the maximum permitted time in 13 out of 41 races.

1st	Leighton Buzzard	174 points
2nd	Houghton Regis	158 points
3rd	Lewsey	145 points
4th	RNSS	120 points
5th	Northampton	96 points

Thanks to all the RNSS team - the swimmers, the coaches & helpers on poolside and the supporters in the gallery

WELL SWUM RNSS!