

Results of Ruislip and Northwood Swim Squad
200m Backstroke and Breaststroke
25th May 2005

Event 1. Girls 200m Backstroke				
The Griffiths Trophy				
CPB: Zara White 2.36.88 (1997)				
Sarah	Hammond	1997	3.47.61	2nd
Emma	Hick	1997	4.29.00	4th
Libby	Sadler	1997	4.21.09	3rd
Alice	Walker	1997	4.29.43	5th
Sarah	Harrington	1997	3.31.51	1st
Freya	Bowen	1996	4.26.99	
Jenny	Hirst	1996	4.01.47	4th
Charlotte	Norman	1996	3.44.71	2nd
Navya	Ravulapalli	1996	4.19.07	5th
Helen	Stokes	1996	4.22.68	6th
Holly	Esson	1996	3.29.43	1st
Fiona	McAndrew	1996	3.51.87	3rd
Catriona	Bradley	1995	4.05.36	
Grace	Flynn	1995	4.12.78	D/Q
Rebecca	Hawkes	1995	DNS	
Tara	Diggins	1994	3.51.99	
Bethanni	McCabe	1994	3.51.35	D/Q
Isabel	Scott	1994	3.51.21	6th
Lucy	Crump	1995	DNS	
Chloe	Kearns	1995	3.40.06	D/Q
Heather	Gibbons	1994	3.31.33	4th
Lianne	Griffiths	1994	3.21.55	1st
Ellie	South	1994	DNS	
Melissa	Parrish	1994	3.28.67	3rd
Olivia	Simmons	1995	3.31.58	5th
Emma	Marshall	1994	DNS	
Sophie	Masters	1994	3.27.40	2nd
Rebecca	Hick	1994	3.04.21	2nd
Nikki	Motohashi	1994	3.02.23	1st
Monica	Ashby	1993	3.30.46	4th
Chloe	Bingham	1993	DNS	
Jenny	Driver	1993	3.22.59	D/Q
Tria	Lawrence	1993	3.17.53	3rd
Melissa-Rose	Marsh	1993	DNS	
Kirrily	Spires	1993	3.24.93	D/Q
Pippa	Haggitt	1992	2.59.51	D/Q
Cecilia	Horsburgh	1992	DNS	
Olivia	Lawrence	1992	3.01.61	2nd
Katie	Smith	1992	2.37.62	1st
Lucy	Nisbet	1992	2.54.52	1st
Nadia	Alikacem	1990	2.50.58	1st
Shannon	Grehan	1989	DNS	
Amy	Claridge	1997	2.53.15	D/Q

Event 2. Boys 200m Backstroke				
The Scott Trophy				
CPB: Greg Buck 2.26.20 (1992)				
Leon	Berchie	1997	3.59.22	1st
Yusuf	Kenawy	1997	4.11.82	2nd
Kenzo	Motohashi	1997	4.21.81	3rd
Harry	Jukes	1996	3.58.63	3rd
George	Sadler	1996	3.56.96	2nd
Matt	Conder	1996	3.26.88	1st
Ahmed	Kenawy	1995	3.50.33	D/Q
Ryan	Baker	1994	DNS	
Jake	Eve	1994	3.46.11	2nd
Edward	Walker	1995	3.12.35	1st
Luke	Conder	1994	3.15.74	D/Q
Adam	Wood	1995	3.03.03	D/Q
Lewis	Nuttall	1994	DNS	
Christopher	Harrison	1993	3.46.90	
Luke	Davis	1993	3.31.07	5th
Steven	Fish	1993	3.04.90	2nd
James	Holdford	1993	3.01.47	1st
Cameron	Kelly	1993	3.31.29	D/Q
Christopher	Musgrave	1993	3.24.25	4th
Michael	Procter	1993	3.34.33	6th
Luke	Spain	1992	DNS	
Christopher	Clare	1992	3.21.71	3rd
William	Hammond	1993	2.57.71	1st
Daniel	Bailey	1991	DNS	
Daniel	Davis	1991	2.33.09	1st
Callum	Diggins	1990	2.34.02	2nd
Daniel	Heath	1989	2.40.53	D/Q
Anthony	Worley	1988	2.31.19	D/Q

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Swimmers in italics are borough swimmers

Event 3 Girls 200m Breaststroke				
The George Cup				
CPB: A Heath 2.57.10 (1988)				
Daisy	Fraser	1997	4.46.18	3rd
Sarah	Hammond	1997	4.28.19	2nd
Libby	Sadler	1997	4.57.74	4th
Sarah	Harrington	1997	4.00.07	1st
Jenny	Hirst	1996	4.09.97	3rd
Charlotte	Norman	1996	4.13.94	4th
Helen	Stokes	1996	5.08.60	5th
Holly	Esson	1996	4.00.07	1st
Fiona	McAndrew	1996	4.00.34	2nd
Paige	Morgan	1996	DNS	
Grace	Flynn	1995	4.46.83	
Rebecca	Hawkes	1995	4.46.87	
Tara	Diggins	1994	4.22.46	D/Q
Bethanni	McCabe	1994	4.16.53	6th
Isabel	Scott	1994	4.11.15	4th
Lucy	Crump	1995	4.15.34	5th
Chloe	Kearns	1995	DNS	
Lianne	Griffiths	1994	3.39.72	1st
Ellie	South	1994	4.05.02	3rd
Emma	Marshall	1994	3.57.69	2nd
Sophie	Masters	1994	4.17.25	
<i>Rebecca Hick</i>		1994	3.43.80	1st
<i>Nikki Motohashi</i>		1994	3.47.70	2nd
Monica	Ashby	1993	3.48.64	6th
Chloe	Bingham	1993	DNS	
Jenny	Driver	1993	3.47.37	5th
Tria	Lawrence	1993	3.55.20	
Melissa	Marsh	1993	DNS	
Kirrilly	Spires	1993	3.38.58	4th
Pippa	Haggitt	1992	3.23.57	3rd
Cecilia	Horsburgh	1992	DNS	
Olivia	Lawrence	1992	3.20.00	2nd
Katie	Smith	1992	3.00.62	1st
<i>Lucy Nisbet</i>		1992	3.06.02	1st
Shannon	Grehan	1989	DNS	
Amy	Claridge	1987	3.18.53	1st

Event 4. Boys 200m Breaststroke				
The Charles Trophy				
CPB: Phil Buck 2.42.10 (1992)				
Leon	Berchie	1997	4.41.20	3rd
Yusuf	Kenawy	1997	4.38.11	2nd
Louis	South	1997	4.26.94	1st
Harry	Jukes	1996	4.47.85	3rd
George	Sadler	1996	4.20.33	2nd
Matt	Conder	1996	4.06.12	1st
Jay	Stroud	1995	4.29.51	
Luke	Tomkinson	1995	4.06.00	6th
Daniel	Foskett	1994	4.01.07	3rd
Ahmed	Kenawy	1995	4.09.70	D/Q
Oliver	Bailey	1994	DNS	
Ryan	Baker	1994	4.10.43	
Lucas	Navarro	1995	3.50.63	1st
Edward	Walker	1995	4.05.00	5th
Jack	Warren	1995	4.04.95	4th
Luke	Conder	1994	3.56.89	2nd
<i>Adam Wood</i>		1995	3.31.42	1st
<i>Lewis Nuttall</i>		1994	DNS	
Jonathan	Little	1993	3.37.73	4th
Steven	Fish	1993	3.37.95	5th
James	Holdford	1993	3.22.30	2nd
Michael	Jones	1993	4.07.41	
Cameron	Kelly	1993	3.46.82	D/Q
Christopher	Musgrave	1993	3.46.81	6th
Michael	Procter	1993	DNS	
Ashley	Wood	1993	3.35.68	3rd
Luke	Spain	1992	3.00.53	1st
Christopher	Clare	1992	DNS	
<i>William Hammond</i>		1993	3.26.97	2nd
<i>Marco Navarro</i>		1993	3.12.97	1st
Callum	Diggins	1990	3.25.75	1st
Adam	Harding	1989	2.53.60	2nd
Daniel	Heath	1989	2.53.68	3rd
Anthony	Worley	1988	2.49.33	1st