

RNSS Novice Meet 5 March 2006

Event	Gender	Age	Stroke	Distance	Swimmer	Split	Swimmer	Split	Time
1	G A	96	Free Relay	4x1L	1 Helen	18.82	2 Rosie	17.85	1.13.23
1	G A	96	Free Relay	4x1L	3 Sarah	16.59	4 Freya	19.87	
1	G B	96	Free Relay	4x1L	1 Georgia	21.48	2 Sophie	20.04	1.18.76
1	G B	96	Free Relay	4x1L	3 Erin	18.03	4 Megan	19.21	
2	B A	96	Free Relay	4x1L	1 Michael	18.82	2 Oliver	18.13	1.17.37
2	B A	96	Free Relay	4x1L	3 Mark	20.44	4 Yusuf	19.9	
3	G A	95	Free Relay	4x1L	1 Lucy	20.41	2 Grace	20.23	1.18.70
3	G A	95	Free Relay	4x1L	3 Faye	19.59	4 Amy	18.25	
4	B A	95	Free Relay	4x1L	1 Jonathar	16.6	2 Luke	19.38	1.12.39
4	B A	95	Free Relay	4x1L	3 Ahmed	19.25	4 Thomas	17.16	
5	A	97	Back Relay	4x1L	1 Alice	22.48	2 Daisy	21.68	1.29.49
5	A	97	Back Relay	4x1L	3 Kenzo	20.13	4 Louis	22.38	
5	B	97	Back Relay	4x1L	1 Emma	23.83	2 Susie	25.18	1.35.46
5	B	97	Back Relay	4x1L	3 Libby	23.41	4 Yusuf	23.04	
6	G A	96	Breast	50m	Helen				55.01
6	G B	96	Breast	50m	Rosie				53.75
7	B A	96	Breast	50m	Kenzo				55.05
8	A	97	Breast	25m	Erin				24.08
8	B	97	Breast	25m	Louis				23.78
9	G A	95	Fly	50m	Lucy				47.55
10	B A	95	Fly	50m	Thomas				51.02
11	A	97	Free Relay	4x1L	1 Erin	17.61	2 Yusuf	18.78	1.14.86
11	A	97	Free Relay	4x1L	3 Emma	19	4 Alice	19.56	
11	B	97	Free Relay	4x1L	1 Daisy	18.74	2 Callum	21.23	1.24.27
11	B	97	Free Relay	4x1L	3 Kyesha	22.03	4 Susie	22.21	
12	G A	96	Back	50m	Freya				51.18
12	G B	96	Back	50m	Sarah				43.63
13	B A	96	Back	50m	Michael				52.1
14	A	97	Back	25m	Daisy				24.12
14	B	97	Back	25m	Libby				23.35
15	G A	95	Breast	50m	Faye				53.05
16	B A	95	Breast	50m	Jonathan				53.75
17	A	97	Fly Relay	4x1L	1 Alice	21.7	2 Libby	21.31	1.24.83
17	A	97	Fly Relay	4x1L	3 Emma	21.79	4 Erin	20.15	
17	B	97	Fly Relay	4x1L	1 Kenzo	23.86	2 Susie	29.28	1.41.60
17	B	97	Fly Relay	4x1L	3 Louis	20.28	4 Kyesha	27.57	
18	G A	96	Free	50m	Georgia				44.95
18	G B	96	Free	50m	Sophie				47.47
19	B A	96	Free	50m	Michael				40.65
20	A	97	Free	25m	Kenzo				19.73
20	B	97	Free	25m	Emma				18.04
21	G A	95	Back	50m	Grace				46.85
22	B A	95	Back	50m	Ahmed				51.16
23	A	97	Breast Relay	4x1L	1 Kenzo	27.09	2 Louis	26.04	1.45.51
23	A	97	Breast Relay	4x1L	3 Erin	25.19	4 Daisy	27.19	
23	B	97	Breast Relay	4x1L	1 Susie	29.04	2 Libby	28.95	1.58.04

23	B	97	Breast Relay	4x1L	3	Kyesha	29.83	4	Callum	30.19	
24	G A	96	Fly	50m		Megan					51.41
25	B A	96	Fly	50m		Mark					53.51
26	A	97	Fly	25m		Alice					20.8
26	B	97	Fly	25m		Yusuf					21.69
27	G A	95	Free	50m		Amy					40.91
28	B A	95	Free	50m		Luke					43.25
29	G A	96	Medley Rela	4x1L	1	Helen	22.98	2	Rosie	26.69	1.29.38
29	G A	96	Medley Rela	4x1L	3	Megan	22.42	4	Sarah	17.49	
29	G B	96	Medley Rela	4x1L	1	Freya	24.39	2	Georgia	30.08	1.38.72
29	G B	96	Medley Rela	4x1L	3	Libby	21.65	4	Sophie	22.6	
30	B A	96	Medley Rela	4x1L	1	Mark	27.09	2	Kenzo	26.04	1.36.06
30	B A	96	Medley Rela	4x1L	3	Louis	23.44	4	Michael	19.52	
31	G A	95	Medley Rela	4x1L	1	Grace	23.48	2	Faye	26.29	1.29.25
31	G A	95	Medley Rela	4x1L	3	Lucy	20.49	4	Amy	18.83	
32	B A	95	Medley Rela	4x1L	1	Ahmed	26.73	2	Jonathar	25.09	1.32.32
32	B A	95	Medley Rela	4x1L	3	Thomas	21.38	4	Luke	19.12	
33	M		Free Relay	12x1L	1	Erin	18.01	2	Yusuf	19.81	3.55.93
					3	Emma	18.74	4	Kenzo	19.69	
					5	Sarah	16.81	6	Michael	21.66	
					7	Helen	19.69	8	Mark	21.68	
					9	Amy	19.12	10	Luke	20.95	
					11	Grace	21.18	12	Jonathar	18.57	

The first RNSS Novice meet was a most enjoyable afternoon resulting in a clear win for the RNSS team. Congratulations to all concened!

Team	
Ruislip Northwood	1
Milton Keynes	2
Watford	3

Thanks to all the RNSS team - the swimmers, the coaches, helpers on poolside and the supporters.